

Dosage & Ingredients:

Strath® Original comes in three different forms:

Original liquid - which is in a base of honey and orange juice that tastes like a malt extract.

Dosage: 1 tsp up to 3 times/day.

Ingredients: Plasmolysate of herbal yeast from *Saccharomyces cerevisiae* (80% w/w), malt extract, honey, orange juice.

Tablets - Gluten free and suitable for Vegans.

Dosage: 2 tablets up to 3 times/day

Drops - Gluten free and suitable for Vegans.

Add to juice or water, or take neat.

Dosage: 30 drops up to 3 times/day.

FAQ's

- Can I take Strath® all year round?

Strath® is ideal for all year round use, but taking during the winter months is particularly important.

- I suffer from Candida, will the yeast aggravate my problem?

Tests show that Candida yeast can't survive in the presence of Strath®, so it is only likely to help the condition.

- Can I give Strath® to my 2 year old?

Strath® is safe from 1 year, which is when it is safe for children to take products containing honey. It can be added to food or drink, or taken straight from the spoon. One 5ml teaspoon is recommended.

- Can I take Strath® during my pregnancy?

Studies of pregnant women showed normalising of iron levels when taking Strath®, so it only has a positive effect.

- I am diabetic, can I take Strath® liquid as it contains honey?

Strath® liquid contains a small amount of honey which may affect people with diabetes. It's recommended to take Strath® tablets or Strath® drops if you are diabetic.

So why should I take Strath?

The question should be why AREN'T you taking it...

Here are what some of our regular Strath® customers have said:

'I love the way it makes me feel. I always feel energised and protected when I take it. I have confidence in the product because it is produced with such care'



'It really gives you energy and I didn't get any colds last winter!'



'A must have item in your medicine cupboard!'



'Highly recommend if you need a pick me up'



'Cant believe it! A friend advised me to try this (was ill so long, had 2 goes at antibiotics) within 8 days I felt so much better.'



'Excellent after illness to regain strength and appetite.'



93% of users rate Strath® 4 or 5 stars!

'I love it because I can't think of a single person who cannot take it. You can take it when you are on meds, on a special diet or if you are ill. It is a fermented food product and everybody I recommend it to feels good on it.'

Nicole (health food retailer)

Want to learn more about Strath?

For more information on Strath® including clinical studies please visit:
<https://bio-strath.com/en/knowledgeandhealth/>

For further information please contact:
enquiries@wfbm.co.uk

Strath®

A completely natural Swiss supplement, helping to safely and effectively optimise the health of families, since 1961

Uptake of
Vitamins

Tiredness &
Fatigue

Stress

Immunity



Recovery
from illness

Concentration & Focus

Performance

What is Strath® and why is it unique?

Strath® is a clinically trialled natural herbal supplement that has been popular for over 60 years and is sold in over 50 countries worldwide.

The main ingredient, Saccharomyces Cerevisiae is a yeast which forms the base ingredient of Strath® products.

This particular yeast is a good yeast, Saccharomyces Cerevisiae is the same species of yeast that nutritional Engevita and brewer's yeast comes from. It is a friendly yeast that supports the immune system and is therefore helpful for people who suffer with Candida.

During the manufacturing process the yeast is fed over 50 herbs and absorbs all of their natural properties. Using a unique process, by the process of fermentation, without the use of heat and chemicals, the yeast cells burst open releasing their valuable contents. This special process, called plasmolysis, supplies the body with a readily available form of nutrients and therefore there is no yeast in the end product!

The 61 nutrients that it provides are: vitamins, minerals, trace elements, proteins, carbohydrates, fats, and amino acids. Strath® is 100% natural and contains no artificial ingredients.

Strath® can be safely used by anyone and is 100% bio-available, in other words it provides optimum nutrients that are readily available for your body to absorb.

We recommend you use Strath® as part of yours and your families everyday health regime.

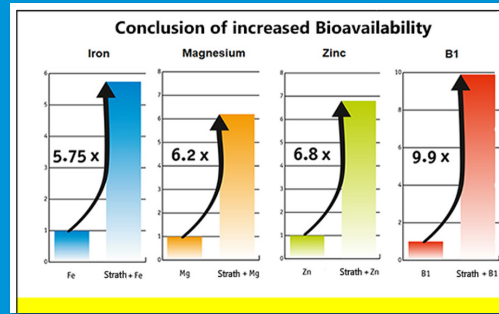


Clinically Proven

Strath® is considered by many, to be the original superfood, with more than 35 research publications and clinical studies, proving the product to be effective and safe for all age groups and health conditions.

Here are just a few results studies on Strath®:

- Recent studies have confirmed that Strath® can dramatically increase the absorption of key nutrients in the digestive system*. It's important to remember you can have a healthy diet but if your body fails to absorb the nutrients you can lose the benefits.



- Strath® well-being study**; highlighting reduced fatigue, improved concentration, and enhanced mental and physical performance.

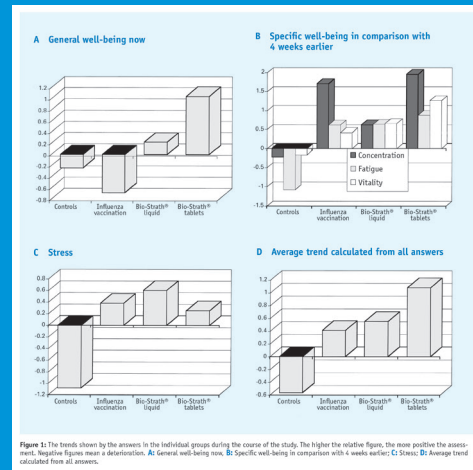


Figure 1: The trends shown by the answers in the individual groups during the course of the study. The higher the relative figure, the more positive the assessment. Negative figures mean a deterioration. A: General well-being; B: Specific well-being in comparison with 4 weeks earlier; C: Stress; D: Average trend calculated from all answers.

- Strath® has also shown to boost the immune system, and helps to prevent and recover quickly from illness.

*Source: Improvement of bioavailability of minerals and vitamin B1 thanks to Strath® Original herbal yeast. In-vitro study by Dr. Karin Engelhart-Jentzsch, 01/2017

**Source: Influenza and colds in winter: Prophylaxis with a herbal yeast preparation in comparison with influenza vaccination.

Suitability

- Children & students:** Optimises nutritional intake for children and students to help them stay focused. Great for picky eaters!
- Athletes:** Strath® enhances performance and stamina as well as providing faster post exercise recovery.
- Perfect for parents:** Strath increases energy and builds resistance to stress overload, reducing fatigue and burn out.
- Elderly:** Strath helps with vitality, mental alertness, increased energy, and improves the overall quality of life.
- Pregnancy & Breastfeeding:** Strath® is excellent to take during pregnancy and breastfeeding, studies have shown it can help normalise Iron levels.
- Chemotherapy & Radiotherapy Treatment:** Studies have shown the value of Strath® in supporting the body when receiving treatment:

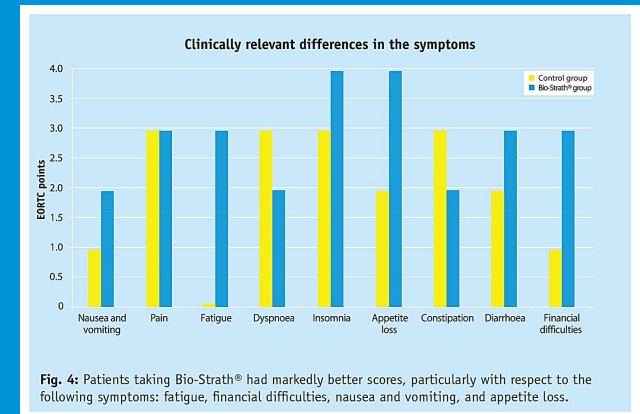


Fig. 4: Patients taking Bio-Strath® had markedly better scores, particularly with respect to the following symptoms: fatigue, financial difficulties, nausea and vomiting, and appetite loss.

The Strath Family

Strath® Original is available in 100ml, 250ml, 500ml, liquid and also in tablets and drops.

Also available: Strath® +Vit D, which contains natural Vitamin D created by the yeast itself, from a unique process of UV light exposure.