

2023 Catalogue





WFBM Healthcare Ltd was established in 2006 to develop the sales of UK and overseas health products to various market sectors by lifelong friends, Mark Shaw and Mark McCarty, who between them have over 65 years of natural health industry experience.

The company now operates from a state of the art warehouse facility in Nottingham while the administration centre is based in Stoke on Trent.

In bringing this wealth of experience and knowledge together, the company has gone from strength to strength, with respected manufacturers worldwide now using this expertise to ensure their products are represented and developed to their full potential in the UK and Ireland.

Likewise, WFBM Healthcare only represent brands of the highest quality which comply with the most rigorous of safety standards.

For further information please find contact details below.

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Ditch the plastic, drink the *juice*

Freshly pressed Ginger or Turmeric Juice using only the finest ingredients, ensuring they are bursting with flavour and nutrients. Unlike many shots they contain over 99% pure juice with a natural preservative.

Not only are our shots healthier for you, but they are also better for the environment. By choosing glass bottles with aluminium lids, we are helping to reduce plastic waste and promoting a more sustainable lifestyle.

So why settle for less when you can enjoy a premium juice that is both healthy and eco-friendly?

New! Ginger Juice
Product Code: 97170
Pk Size: 237 ml

New! Turmeric Juice
Product Code: 97171
Pk Size: 237 ml



Liver support

Herbetom® Liver

Herbetom® Liver is a natural herbal supplement made from a combination of herbs that are traditionally used to support liver function and promote liver detoxification. This incredible supplement is known for its numerous benefits that have helped countless people maintain their liver health.

New! Herbetom Liver
Product Code: HERB003
Pk Size: 250 ml

Digestive function

Herbetom® Transit

Herbetom® Transit is a natural herbal supplement made from a combination of herbs that are traditionally used to support digestive health. This incredible supplement is known for its numerous benefits that have helped countless people maintain their digestive health.

New! Herbetom Transit
Product Code: HERB004
Pk Size: 250ml

Guarana + Taurine Vials 24's

STC NUTRITION Guarana extract is highly titrated in Caffeine, Taurine, Vitamins C-B1-B6.

Guarana extract helps support physical and mental vitality, maintain alertness and reduce fatigue.

Caffeine, one of its natural constituents, helps improve alertness and concentration.

Vitamins C and B6 help reduce fatigue.

ANTI-DOPING STC NUTRITION® CHARTER

Like all STC NUTRITION® products, GUARANA SHOT meets the requirements of the World Anti-Doping Code. Caffeine is the only natural substance that has the status of a doping substance, but only for a urine level of more than 12 micrograms / ml, ie a dose of 300 mg of caffeine (6 cups of espresso arabica). GUARANA SHOT provides 100 mg of caffeine per single dose phial.

Product Code: INE065

Pk Size: 24 vials

Inelda



NEW! D-MANNOSE

For those wishing for the benefits of Bladapure but in a purer more economical form.

Product Code: BP005

Pack Size: 60g

NEW!

Ginseng + Royal Jelly Vials 20's

An Ideal food supplement to combat fatigue.

Our easy to take vials contain royal Jelly to strengthen your natural defences while Ginseng helps improve your physical & mental performance.

Regain energy & vitality, everyday!

Product Code: INE066

Pk Size: 20 x 10ml vials

Inelda





NEW!
Strath Kids with
vitamin D.

Strath Kids with vitamin D is suitable for children from 1 year.
Vitamin D in Strath Kids contributes to normal growth and bone development in children and normal functioning of the immune system in children.
Strath Kids with vitamin D is suitable for children from 1 year. Natural and without artificial additives. Also suitable for vegetarians and children with lactose intolerance.
Strath Original herbal yeast contains over 50 entirely natural vital substances.
Strath Kids with Vitamin D has a naturally sweet and sour taste.

Product Code: BS018
Pack Size: 250ml

NEW!
INTENSIVE
MOISTURISING
FOOT FOAM



INTENSIVE MOISTURISING FOOT FOAM

Active foam with a high content of active substances - urea, panthenol and luxury oils, naturally stimulates skin regeneration. The foam is intended for intensive regeneration of dry, calloused, cracked and injured skin of the feet. Urea hydrates and fundamentally softens calloused and damaged skin. Panthenol strongly regenerates the skin. Babassu oil perfectly nourishes the skin. Hemp oil keeps the skin elastic, supple and smooth. The skin of the legs will be supple, firm and fully hydrated after the treatment.

Product Code: EF005
Pack Size: 200ml



- ✓ Urea
- ✓ Panthenol
- ✓ Babassu Oil



NEW!
SOMMEIL
SLEEP ELIXIR

Sommeil Sleep Elixir is for those who have trouble falling asleep and staying asleep (night waking).
The natural plant extract formula which includes lemon balm & lime supports you in falling asleep more easily (lemon balm) and facilitates good, healthy rest at night (lime).
Look forward to feeling refreshed come morning time; following a sleep that has been peaceful, deep, restorative and uninterrupted by night waking.

Product Code: INE001
Pk Size: 125ML
Inelda



Cysticlean®

240 mg PAC

- ✓ Highest PAC level on market.
- ✓ Demonstrates superior 90% anti-adhesive effect on toxins on the bladder wall.
- ✓ Significantly more effective than lower dose PAC alternatives.
- ✓ Impressive European clinical studies with more than 600 people.

Cysticlean®
240 mg PAC

Reaching for the Cranberry juice ..again?
Try one a day **Cysticlean® 240mg PAC**

- PAC scientifically documented to be the active in cranberries.
- Highest active concentrated ingredient available.
- Expert in maintenance of urinary system.
- Natural, safe, drug free.
- Also available with D-Mannose.
- Try today - for your bladder comfort.

**Super Strength
240 mg PAC
Highest Active Available**

Product Code: CC001: Cysticlean 240mg 30 Caps
Product Code: CC002: Cysticlean 240mg 60 Caps
Product Code: CC003: Cysticlean PAC with D'Mannose 30 Sachets

4.3 Average Review™
67% 5 star reviews
14% 4 star reviews

**WORKS WITH
HEAT**

**Stop hiding.
Take control.
With herpothem®.**

herpothem®

herpothem® is an electronic heating pen for chemical-free symptomatic cold sore treatment.

- If applied early enough, herpothem® can completely prevent cold sore blisters.
- If applied later, the severity of the symptoms can be reduced or may fade sooner.
- Chemical-free treatment suitable for pregnant women, children* and allergy sufferers
- Eco-friendly, long lasting and reusable.

*From 3 years, self-administration from 12 years.™ Based on 1,571 reviews 31/1/23

herpothem®

HEAT

Can prevent and development of cold sore blisters if applied early enough.

★★★★★
I cannot believe there is a product out there that actually works! This pen is amazing.

★★★★★
At the first tingle of the cold sore I zap it ..honestly, it stops the virus in its tracks!!! Highly recommend!

Product Code: HERPA: Herpothem - Electric Cold Sore Medical Device

NEW!
Electronic Bite Relief Device for itching, Burning, Pain & Swelling



Product Code: BITE001



The benefits of bite away:

- Relieve pain & itching after insect stings and bites
- Fast, long-lasting relief & chemically free.
- Dermatologically tested
- Suitable for pregnant women, children* & people with allergies - ideal for families.
- Personal use from the age of 12.
- Up to 300 applications
- To be used with AA LRG 1.5 V batteries.
- The batteries supplied can be easily replaced at any time
- 1 click application

* Applicable from 3 years with adult supervision.

Chemical Free!
Uses heat to relieve itching.

Arthrimed self activating support sleeve (Plus 8 Heat Packs)

Warming soothing relief from arthritis and joint pain.

Cold, damp weather is bad news for anyone suffering from arthritis or painful joints. Here's some good news - an approved medical device which is a game changer for Arthritis and joint pain sufferers.

Arthrimed comes in the form of a multi-use sleeve along with eight heat packs. The sleeve provides the support you need with the flexibility you want, while the self-activating heat packs target the affected area and bring relief by increasing blood flow and oxygen.

With each pack lasting for up to 8 hours, the self-heating sleeve helps relieve pain and inflammation - safely, effectively and naturally. **Product Code: SB070 Medosan**



Narbengel Scar Gel

For scars caused by acne, burns, injuries or skin infections and for raised scars.

Scar gel is used to obscure scars or to reduce the formation of scar tissue.

The gel reduces formation of scars and obscures hypertrophic and keloid scar formation.

Raised scars can also be treated with the gel. .

Scar Gel can be used on:

- New and already existing scars.
- Reduction of hypertrophic and keloid scar formation, after (deep) wounds.
- Closed (stitched) wounds after surgery, infection or other damage to the skin.
- A closed burn.
- Acne scars, also when they are located deep in the skin.
- Swiss formula.
- CE Medical Device

Product Code: SB069 19g Medosan



NEW! HERBETOM PULM

Herbetom Pulm is a unique food supplement containing concentrated herbal extracts, Propolis and Beta-carotene which contribute to the maintenance of mucus membranes.

It's suitable for sufferers of asthma, chest infections, bronchitis & tracheitis and can be taken in conjunction with inhalers and other medication.

Herbetom Pulm contains 19 active ingredients with antimicrobial, antioxidant, anti-inflammatory, antitussive and bronchodilator functions reducing oxidative stress and inflammation in the bronchi.

The polyphenols and beta carotene in Herbetom Pulm help protect the mucosa bronchial and provide immunostimulant properties.

The antimicrobial activity protects against: *Ps.aeruginosa*, *staphylococcus aureus*, *E.coli*, *Candida albicans* and *Aspergillus brasiliensis* alongside supporting the immune system.

Herbetom Pulm provides three actions on the body:

- Synergistic Action: Components work together for a maximum efficiency without toxicity.
- Adaptogen Action: Helps the body adapt and regulate the defence forces.
- Multi-factorial Action: To balance metabolism and the endocrine processes.

The result of these actions intensifies the body's immunity level.

Product Code: HERB001
Pk Size: 250ml
Bioserum

Product Code: HERB002
Pk Size: 500ml
Bioserum



NEW! PINE TAR SOAP/ SHAMPOO BARS

Cleanse, deodorise and moisturise with natural Pine Tar.

Pine tar soap has been used since the early 1800's and was traditionally used to treat skin conditions such as eczema, dermatitis and psoriasis. Non-toxic, hypo-allergenic and suitable for all skin types, its popularity has grown as a natural eco-friendly all round cleansing bar for bathing, showering, shaving and as a plastic-free shampoo bar with deodorising action. Supplied as a pack of 3, 100g bars.

Product Code: SB065
Pk Size: 13 Pack
Medovital



NEW! NEW!



SATIVA CBD OIL NATURAL AND ORANGE

New sativa organic CBD oil contains fresh pressed organic hemp oil not extract so enabling legal sale in the UK. Available in 20ml 1000mg glass bottles in original and subtle orange flavour.

- Pressed and bottled in the UK
- Cold fresh pressed organic certified CBD oil not from concentrate
- Eurofins tested for guarantee of potency
- FSA compliant (non novel foods approved)
- Infused with lemon balm to assist

Product Code: SAT003 SAT004
Sativa CBD Oil Original/Orange
Pk Size: 20ml



NEW! NEW!

OHHH! MEEGA3

Jellies with zinc, B6, Folic Acid, Selenium, B12



Medosan's Omega 3 Jellies offer the perfect opportunity to optimize your own nutrition and nutrient supply - without the annoying taste of fish oil and without burping.

Along with Omega 3, the jellies include vitamins B6 and B12, zinc, folic acid and selenium.

Omega 3 is also known as fish oil and is one of the most important building materials in the human body's cell membrane. Omega 3 fatty acids support the human body in maintaining health, as they are necessary for cell structure and cell function.

- High Strength Omega 3 fruit Jellies with a great taste
- Contains more DHA & EPA than the typical 1000gm Omega fish oil capsule
- Also contains Vitamins B6 & B12 Zinc Folic acid & Selenium
- Made from South Pacific Fish
- Made in Norway
- 30 pieces (one a day!)
- Healthy vitamins to snack on
- No fish smell
- No fishy reflux
- Suitable for the whole family

Product Code: SB068
Pk Size: 30 Jellies
Medosan



NEW!

MEDOSAN PERFECT EYE

Dry Eye Eyelid Spray

Dry eyes blighting your life?

By age 65, the majority of people have some degree of dry eyes.

Pain, burning and irritation are the typical symptoms of dry eye. Other symptoms include a gritty or scratchy feeling, a feeling that something is in the eye. Severe cases of dry eye may lead to damage on the front surface of the eye, which can impair vision.

Perfect eye is a simple way to add moisture to your eyes. It's simple to apply as unlike less convenient drops you simply spray onto closed eye lids and the special liquid makes its way into your eyes to give instant relief and lasting for up to 5 hours

- Suitable for contact lens users
- Ophthalmologist tested
- Convenient to use
- Instant relief

Product Code: SB067
Pk Size: 18ml
Medosan



ECOFLEX® FOR YOUR CANINE COMPANION

CALMING

Supplement for Dogs

Your dogs natural routine can be upset by travelling, fireworks or a new home, so help them relax with a daily dose of Ecoflex Calming supplement.

Product Code: EF003
Pk Size: 200ml
Ecoflex



SKIN AND COAT

Supplement for Dogs

Your dogs coat and skin provides warmth and protection from the elements so keep it healthy with a daily dose of Ecoflex Skin & Coat supplement.

Product Code: EF004
Pk Size: 200ml
Ecoflex



pure:
specially
selected
nutrients &
botanical
extracts

Bladapure®



Creates an inhospitable environment for bacteria which can cause bladder infections

Bladapure® is a unique food supplement which combines the effectiveness of D-Mannose with Organic prebiotic inulin, Organic cranberry and key nutrients* to create an inhospitable environment for bacteria which can cause Cystitis and bladder discomfort

Available in 100% active clean fill capsules or a delicious pure powder, Bladapure provides 100% active ingredients with no fillers, flavours, binding agents and includes organic ingredients where available to provide a pure and natural solution to help maintain a healthy urinary tract.



5 STAR REVIEWS!

'Perfect for irritated bladder'.
JS Macdonald

'Great for frequent water infections, should be available from doctor!'.
Beverly C.

'Does what is says on the packaging! Brilliant product, helped to clear up my problems in a couple of days!'.
Mrs M. May

NEW! Bladapure® pro

Creates an inhospitable environment for bacteria which can cause bladder infections With live cultures

A unique D-Mannose formula with key nutrients* and live cultures to maintain normal electrolyte balance and acid-base metabolism.

Bladapure pro is a unique food supplement which combines high strength D-Mannose with organic inulin, organic cranberry, key nutrients* and live cultures to create an inhospitable environment for bacteria, which can cause cystitis and bladder discomfort.

*Zinc - contributes to the normal acid-base metabolism.

*Magnesium - contributes to electrolyte balance.

Available In:

BP003: Bladapure 120 capsules value pack

BP002: Bladapure 60 Capsules

BP001: Bladapure Powder 90g

BP004: Bladapure Pro 60 Capsules

Suitable for vegans. Gluten, lactose and GMO free.



NEW!
VALUE PACK

120 CAPSULES*
*ONLINE ONLY

Candipure®

A unique supplement to create an inhospitable environment for problem yeast

Candipure® is a unique food supplement combining key botanicals, live cultures, and nutrients to create an inhospitable environment for problem yeast growth.

Key Ingredients

- Bifidobacterium bifidus
- Black garlic extract
- Grapefruit seed extract
- Ceylon cinnamon extract
- Cloves powder
- D-Biotin
- Inulin
- Lactobacillus acidophilus
- Lactobacillus casei
- Methyl cobalamin (Vitamin B12)
- Olive leaf extract
- Saccharomyces boulardii



NEW!

Product Code: CP002
Pk Size: 60 Capsules

Suitable for vegetarians. Gluten, lactose and GMO free.

Dosage:
2 capsules, can be taken any time of day.

Femipure

A unique food supplement formulated for before, during & after the menopause

Femipure is a new comprehensive botanical and nutrient complex to help alleviate all common symptoms of the menopause including bone density, night sweats, mood swings, energy loss and brain fog.

The unique formula includes; Red clover isoflavones, Ashwaganda, Root KSM-66®, Marine Algae Calcium, Sage leaf, Mung bean, Maca, marine magnesium and calcium in addition to Boron and live cultures. Femipure can be taken before, during and after the menopause.



Product Code: FP004
Pk Size: 60 Capsules
Suitable for vegetarians, gluten, lactose and GMO free.
Dosage: 2 capsules per day with food.
1 months supply.

Prostapure

A blend of specially selected nutrients & botanical extracts to support normal fertility, reproductive & prostate health

Prostapure is a unique formula containing key botanicals and nutrients to support a healthy prostate and sexual function. The formula contains Vitasterol S-80 providing Phytosterol and B-sitosterol, Saw Palmetto, Lycopene, L-taurine, N-Acetyl Carnitine in addition to Zinc Glycinate, Boron, Copper and Seleno-Methionine.



Product Code: PP001
Pk Size: 60 Capsules
Suitable for vegans.
Gluten, lactose and GMO free.
Dosage: 2 capsules per day with food.
1 months supply.

Ricepure[®]

RED YEAST RICE

Guaranteed to reduce cholesterol by >15%



- Convenient one-a-day dosage
- Organic red yeast rice
- Free from synthetic statins
- Guaranteed to reduce cholesterol by >15%
- Pure-fill capsule

We source the finest quality Organic Red yeast Rice powder from Europe ensuring that it contains no synthetic ingredients.

Ricepure is produced in vegetarian capsules which contain no binders, Fillers or excipients giving you a pure form of red yeast rice.

Our new concentrated capsules provide the same level of natural Monocolin K as 4 of our previous formula. This has made our product more convenient to take in addition to reducing the daily dose cost considerably.



Product Code: RRP003 RRP004
Pk Size: 30 Capsules, 90 Capsules
Suitable for Vegetarians & Vegans
Dosage: Swallow one capsule per day.



Transipure[®]

Psyllium Husk

Transipure Psyllium Husk is a high fibre powder containing 100% milled Psyllium husk powder which provides a naturally rich form of dietary fibre

New to the Transipure range is pure Psyllium husk powder. Psyllium husk acts as an effective osmotic laxative helping to soften stools while providing excellent natural prebiotic properties to benefit digestive transit and gut health.

Ideal for adding extra fibre to the diet and in cases of IBS and haemorrhoids to maintain regular bowel movements.



Product Code: TP002
Pk Size: 180g
Gluten-free, non-GMO and suitable for Vegetarians.
Dosage: Add 5g (1 heaped teaspoon) to water or juice once or twice a day.



BIETHICA PURE VITAMIN C POWDER

Vitamin C, aka ascorbic acid, helps to keep us feeling mentally and physically well by supporting the body in multiple processes. Vitamin C needs to be consumed every day as it is water soluble, and any excess will leave the body instead of being stored.

Vitamin C can help the body in many ways including:

- Reducing tiredness and fatigue
- Supports healthy psychological performance
- Helps iron absorption
- Aids collagen production
- Vitamin C can help increase our immunity

High quality, effective and easy to take, this Vitamin C Powder is a great alternative to tablets

Product Code: BE015
 Pk Size: 250gm
 Product Code: BE016
 Pk Size: 500gm
 Biethica



INHALO DSI DRY SALT INHALER

Better breathing with the natural power of salt.



- Deep penetrating salt therapy to help alleviate chest congestion and allergy discomfort
 - 100% Natural
 - No side effects
- May help with the prevention of respiratory infections
- May promote the cleansing of the bronchial tract

Product Code: IH001 Inhalo
 Bronchial
 Pk Size: 1 unit

Product Code: IH002 Inhalo Nasal
 Pk Size: 1 unit
 Inhalo



OREGANO OIL

Wild oregano oil available in 100% oil (10ml) & 10% (30ml) is suitable for supporting the body's defences against viruses, bacteria and fungi.

Product Code: HC001

Pk Size: 100% Oregano 10ml

Product Code: HC002

Pk Size: 10% Oregano 30ml

Oregano4life

✓ **Virus busting**

NEW!

OREGANO OIL CAPSULES

Enteric coated, easy on the stomach. Highest potency available. A great way to take Oregano Oil and experience the benefits without the taste.

Product Code: HC003

Pk Size: 30 capsules

Oregano4life



OREGANO CAN HELP WITH:

- **smooth functioning of the gastrointestinal tract**
- **support of the intestinal flora**
- **strengthening the body in times of intense stress**
- **maintaining normal cholesterol and sugar levels**
- **desensitisation of the body to allergens**
- **relief from rheumatic symptoms**
- **relief from local skin irritations**
- **ear care**
- **improving mood**
- **improving bad breath**
- **maintaining gum health**
- **period discomfort**
- **relief from insect bites**
- **improvement of the appearance of "orange peel" (cellulite)**
- **balancing menopausal disorders**



ORTHOMOL IMMUN & ORTHOMOL IMMUN PRO

For the dietary management of nutrition-related immune deficiencies, for example after chemotherapy or radiation therapy.

In the course of our life, our immune system has to meet many demands. It is a network of organs and cells weighing some two kilograms and is the basis, the "guardian", of our health and thus the body's most important barrier against external and internal influences.

The immune system is active from birth. It is not yet completely developed at this point, however, but acquires its full capability in the course of life.

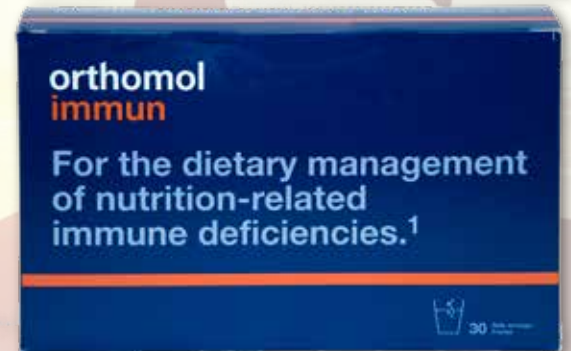
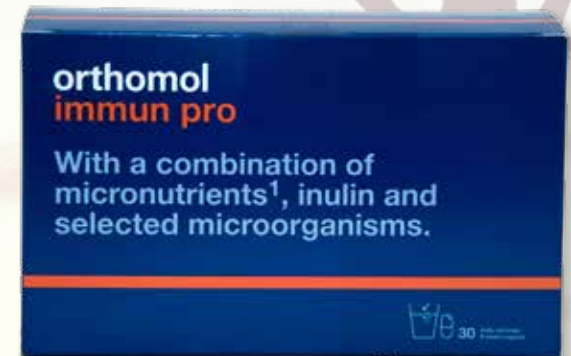
Hardly anybody is aware of the fact that our immune system is constantly in action. It is prepared at any time to respond to undesirable harmful intruders, such as bacteria or viruses, and ensures that we can safely eat salad and shake hands with other people.

There are situations in which our immune system has to be particularly alert, e.g. in the presence of acute or chronic infections, such as diseases of the respiratory tract, asthma, allergies, inflammation of the middle ear in children, irritable bowel syndrome, but also drug intake or chemotherapy/radiation therapy.

Orthomol Immun
Product Code: O002
Pk Size: 1 x 30 Days

Orthomol Immu 30 Vials
Product Code: O025
Pk Size: 1 x 30 Days

Orthomol Immun pro powder
Product Code: O007
Pk Size: 1 x 30 Days
Orthomol



Strath®



Clinically trialled formula to help with tiredness, immune system, recovery from illness as well as much, much more.

Strath Herbal Elixir is one the Industry's best-selling natural products, primarily for boosting immune health and can be taken as a general all-round tonic.

The balanced formula is derived from the active principles of live herbal yeast which has been treated by a unique biological process producing a herbal yeast complex rich in vital nutrients.

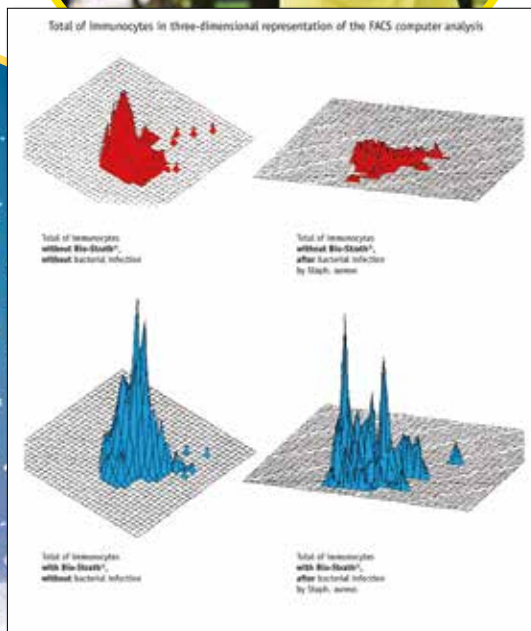
For many days, live active *Saccharomyces Cerevisiae* yeast is cultivated on the following wild herbs: angelica, balm, basil, caraway, chamomile, cinnamon, elder, fennel, horseradish, hyssop, lavender, liquorice, parsley, peppermint, sage and thyme.

By the special process of plasmolysis by fermentation, without the use of heat or chemicals, the herbal yeast cells are burst open releasing their valuable nutritionally vital substances.

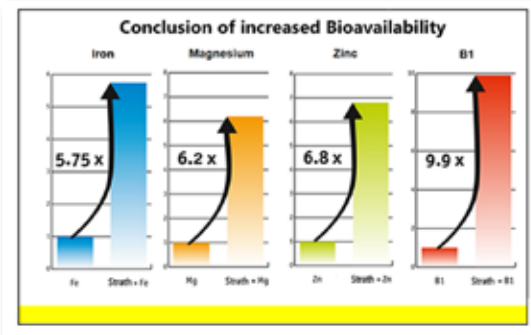
Strath specifically strengthens resistance, accelerates health, speeding up the recovery time from colds, flu and other similar illnesses and strengthening your immune system.



Strath® increases the mobilisation of immunocytes which fight infection



Strath® increases absorption of nutrients in the digestive system.



Strath® ORIGINAL



Fatigue and tiredness can affect our daily lives and symptoms may include poor concentration, lack of physical or mental performance and feeling weary.

Strath® specifically strengthens resistance, accelerates health, speeding up the recovery time from colds, flu and other similar illnesses and strengthening your immune system.

Strath® food supplement contains over 60 entirely natural vital substances and is suitable for people of any age. If the diet is low in vital substances, Strath Original supplements the diet with valuable ingredients. In addition, Strath Original improves the overall uptake of vital substances derived from the diet or other products.

Strath® Herbal Yeast has been proven to increase nutrient and mineral absorption by almost 10x!

Product Code: BS001 Pk Size: 100ml: Product Code: BS014 Pk Size: 500ml: Product Code: BS011 Pk Size: 100 ml drops: Strath
 Product Code: BS002 Pk Size: 250ml: Product Code: BS004 Pk Size: 100 Tablets:

NEW! Strath® with VITAMIN D -

Vitamin D supports our immune system and has a positive influence on bone and teeth preservation. It also controls many important processes in our body such as muscle function. Strath® +Vitamin D uses a unique process which creates vitamin D naturally from ultra violet light which the yeast absorbs.

During the colder season, when there is less solar radiation, our bodies are often unable to produce enough vitamin D.

All benefits at a glance

- 100% natural & highly tolerable
- No artificial additives
- Suitable for vegetarians
- Lactose-free
- Suitable for children over the age of 1 year

Product Code: BS017 Pk Size: 250ml: Strath



ECO-CHOICE



✓ Washable

CLASS 1 MEDICAL DEVICE WASHABLE MASK

CE Washable masks made of mixed fabric; antimicrobial, water-repellent, elasticated, intended to be used for covering the nose and mouth.

5 designs/colours available: White, Black, Grey, Denim, Camouflage. For adults and children over 6 years old.

Product Code: APR001 White; APR002 Black; APR003 Denim; APR004 Grey; APR005 Camouflage
Pk Size: 1



✓ Wear with glasses

FULL FACE SHIELD VISOR WITH GLASSES

Transparent face visor (glasses style). Ideal for shop staff, hairdressers, beauticians, etc. Suitable for people who have problems wearing face masks and/or who are hard of hearing.

- Light and comfortable to wear
- Fluid Resistant
- Anti-fog
- Clear vision
- Washable
- Can be worn with glasses
- Can be worn by adults and children.

Product Code: SFM006
Pk Size: 1



££ Value Pack

NON SURGICAL FACE MASKS 50 PACK

- 50 pack masks
- 3 ply with ear-loops
- Value Pack

Product Code: SFM001
Pk Size: 50 masks

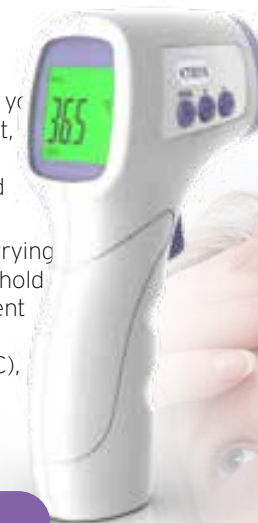


NON CONTACT INFRARED THERMOMETER

Imagine the reassurance of being able to check your temperature in just 1 second whenever you want, wherever you are. This amazing sensor infrared thermometer is not only fast, it's touch-free and super-hygienic too.

Check as many people as you want without worrying about contagion or spreading infection. Simply hold 5-8cm away from the forehead and the intelligent thermometer instantly reads your temperature (Normal 34.0 - 37.4°C), (Light fever 37.5 - 37.9°C), (Fever 38.0 - 43.0°C).

2x AAA batteries (not included).
H14.3 x L9.9 x W4.7cm.



Product Code: SFM005
Pk Size: 1

Check your temperature in
just 1 second
Fast, touch-free and super-hygienic
Simply hold 5-8cm away from
the forehead

*Exact model may differ, functionality will remain the same or be enhanced

Otosan

OTOSAN THROAT SPRAY

Otosan® Spray Forte is a throat spray specifically designed to soothe the mucosa with a mucoadhesive, hydrating and immuno-stimulating action. This also promotes macrophage phagocytosis and bacteria killing. Containing Hedge Mustard extract, the throat spray also possesses an anti-inflammatory action specific for the upper-airways.

- Contains Immune strengthening Beta Glucans
- Disinfectant action
- Calming action
- Anaesthetic action.

Product Code: M015
Pk Size: 50ml



✓ Virus busting

OTOSAN THROAT SACHETS

Otosan Throat Gel Forte is a product for relieving symptoms associated with throat irritation.

Thanks to its special gel formula, it forms a mucoadhesive film active in the pharyngeal and laryngeal tract, which protects the mucosa from the irritating action of external agents, providing long-lasting relief.

Product Code: M016
Pk Size: 14 sachet



OTOSAN EAR SPRAY

Otosan Spray® with organic plant extracts is an innovative product for removing earwax and for daily ear hygiene. It provides a gentle but effective action for cleaner and healthier ears because it eliminates excess wax from the ear canal and, if used regularly, prevents wax formation.

Free from artificial colourings and preservatives, it guarantees high levels of tolerance.

Product Code: M017
Pk Size: 50ml



OTOSAN EAR CONES

Otosan Ear Cone® arose from the rediscovery of a traditional ear hygiene method, called auricular thermotherapy, a gentle technique with ancient origins.

Enhanced with innovative safety and comfort devices, the Otosan Ear Cone is a natural, practical, safe and effective device, which, through beneficial heat and a chimney effect, helps to eliminate impurities and excess earwax from the ear.

1 Pair	XL Cones 1 Pair	Family Pack 3 Pairs
Product Code: M001	Product Code: M003	Product Code: M004
Pk Size: 2pk	Pk Size: 2pk	Pk Size: 6pk



OTOSAN EAR OIL

Prepared on the basis of an ancient herbalist's recipe and enriched with Propolis, Otosan ear drops are the perfect solution to all ear care troubles. Contains almond and maize oils, known for their emollient power, they soften the earwax and improve its removal from the ear canal.

- Soothe skin redness and irritation
- Cleanse the ear canal
- Remove excess earwax.

Product Code: M002
Pk Size: 12 x 10ml



OTOSAN NASAL SPRAY BABY

The result of our ongoing research in the field of otolaryngology, Otosan® Nasal Spray Baby is a nasal decongestant made with ingredients of plant origin, with a gentle formula that makes this product suitable for children and babies.

Free from vasoconstrictors and propellant gases.

Product Code: M014

Pk Size: 30ml



FORTUSS COUGH SYRUP

ForTuss Otosan Cough Syrup has been developed as an adjuvant for treating dry and productive coughs. Also providing hydration of mucus and its natural discharge, thanks to its functional ingredients: Manuka Honey, Organic Wildflower Honey and plant molecular complexes.

ForTuss is suitable for adults and children (from one year of age). It creates a protective layer that adheres to the irritated mucosa, creating fast relief.

Product Code: M018

Pk Size: 180g



OTOSAN NASAL WASH KIT - NEW!

Otosan Nasal Wash is a convenient squeeze bottle system that allows you to deliver the unique saline and Hyaluronic acid solution to the nasal passages ensuring a gentle, soothing and therapeutic experience.

Twice as effective than saline only washes, Otosan's formula combines Hyaluronic acid and saline and has been shown to be more effective than saline alone. Simply dissolve the sachet in tap water. Place the top of the bottle in one nostril and squeeze the bottle allowing the solution to enter your nostril and exit through the other.

Daily rinsing is safe and will keep your nasal passages clean, healthy and open. Available as a complete kit which includes Nasal Wash plus 30 Sachets. Refill packs available.



Product Code: M023

Pk Size: Otosan Nasal Wash Kit

Product Code: M019

Pk Size: 30 Nasal Wash Refill Sachets

OTOSAN NASAL SPRAY FORTE

Otosan® Nasal Spray deeply cleanses nasal cavities and assists in reducing congestion. It provides relief for blocked noses, seasonal colds or allergies. It contains sea water from Brittany (2,2% hyper-tonic solution), plant extracts and organic essential oils and is free from vasoconstrictors.

It is an essential remedy for symptoms of seasonal colds or allergies; sinusitis and nasal congestion; dry and irritated mucosa.

Product Code: M013

Pk Size: 30ml



MEDOSAN NOPANOL FORTE SPRAY

Medosan Nopanol Spray contains a concentrated blend of plant extracts which creates a fast warming action that drives away pain and gives you the pain free life you deserve!

After years of research, Swiss scientists selected the finest natural painkillers and put them together in a scientifically-blended formulation that works fast and effectively.

Simply spray on, and the pain will rapidly fade away, leaving you pain-free and refreshed.

Product Code: SB039
Pk Size: 100ml
Medosan



THERACRAMPES SPRAY

Theracrapmes contains several natural plant extracts, including Harpagophytum Procumbens, Tephrosia Purpurea, Arnica, Eugenia Carophyllus and Menthol.

It comes in a handy, easy-to-use, push-button spray. Just spray the affected area. The liquid dries quickly into a light film. The skin pores below that will open up and absorb the solution, to relieve the pain.

Theracrapmes is regularly used by many people who experience night cramps.

Product Code: INE004
Pk Size: 50ml
Ineldea



MEDOSAN MEDOPATCH PAIN RELIEF

Medopatch is a unique and natural product which uses a compound of many herbs and plants including 5 different natural pain killers within a hypo-allergenic adhesive patch which is placed on pain, on limbs or the body.

Product Code: SB017
Pk Size: 5 Patches
Medosan



HELIX ARTRIX SNAIL SYRUP

Helix Artrix contains Snail mucus which is packed full of beneficial nutrients such as Iproteoglycans, hyaluronic acid, copper peptides, allantoin, vitamin C and glycoprotein. The syrup has a pleasant taste, and combines all the unique properties of snail mucus.

- Contributes to normal collagen formation
- Gives cartilage the necessary energy needed for quick repair
- Helps to maintain healthy joints

Product Code: SB043
Pk Size: 125ml
Medosan



MEDOFLEX GEL

The unrestricted mobility of your joints is an essential requirement for quality of life of all ages. The regular use of MedoFlex guarantees mobility, agility and will soothe and ease morning joint stiffness.

Highly concentrated glucosamine in cartilage, naturally occurring in Chondroitin, and nourishing plant extracts, make it a balanced composition.

Product Code: SB028
Pk Size: 150ml
Medosan



MEDOSAN LIGHT LEGS GEL

Relieves aching legs. Strengthens the circulation and relaxes the calves. Soothes swollen, heavy legs. Cooling properties providing instant pain relief. Suitable for varicose veins. Contains 9 natural ingredients.

Product Code: SB020
Pk Size: 100ml
Medosan



MEDOSAN CURCUMA PLUS

Free radicals are responsible for much of our ageing and Turmeric is believed to contain powerful anti-oxidants which help neutralise this process. Curcuma also helps stimulate bile production which may help digestion. Curcuma Plus tablets contain much more turmeric than you could eat daily, even if you constantly ate curries, as they contain a highly concentrated extract.

Product Code: SB001
Pk Size: 90 Tablets
Medosan



NEW!

SATIVA

SATIVA CBD OIL NATURAL

New sativa organic CBD oil contains fresh pressed organic hemp oil not extract so enabling legal sale in the UK. Available in 20ml 1000mg glass bottles in original and subtle orange flavour. Pressed and bottled in the UK

Product Code: SAT003
Sativa CBD Oil Original
Pk Size: 20ml



SATIVA CBD OIL ORANGE

New sativa organic CBD oil contains fresh pressed organic hemp oil not extract so enabling legal sale in the UK. Available in 20ml 1000mg glass bottles in original and subtle orange flavour.

Pressed and bottled in the UK

Product Code: SAT004
Sativa CBD Oil Orange
Pk Size: 20ml



New! CBD Cooling Gel

CANNABIS CREAM

This soothing combination of CBD crystals, organic hemp seed oil, shea butter, sunflower oil and vitamin E not only supports the natural protective function of your skin, but also moisturises and leaves your skin looking smooth and well cared for.

Also available in a Cooling Gel formula with CBD.

Product Code: SB050
Pk Size: 100ml
Medosan



Product Code: SB071
Pk Size: 100ml
Medosan



MEDOSAN CBD LOZENGES

So, what is CBD? Hemp can contain two primary molecules - THC and CBD. But while THC (cannabis) is psychoactive and addictive, CBD (cannabidiol) is not.

Non-addictive and non-intoxicating, developed by cannabis specialists in Switzerland to provide a highly potent and consistently pure product.

Available in 5mg lozenge (30 x 5mg lozenges).

Registered as cosmetic mouth care product not subject to novel food regulations.



Product Code: SB023
Pk Size: 30 pastilles
Medosan

MEDOSAN VENEN-EX LEG SPRAY

The Medosan Venen-Ex Spray helps with the appearance, itching and inflammation that come with Varicose Veins.

It contains a unique formula of natural Menthol, valuable extracts from Ginkgo, Vine Leaves, Marigolds and Horse Chestnut. Super easy to use; still effective if sprayed over socks or tights, leaves no stains, and has an immediate cooling action. You can spray calves and legs several times daily, and allow to penetrate without massage.

Product Code: SB005
Pk Size: 75ml
Medosan



MEDOSAN ANASAN FORTE

Anasan-Forte instantly eliminates embarrassing stinging and painful itching in the anal region.

Anasan-Forte combines the gentle yet extremely effective properties of plant-based active agents such as chamomile, witch hazel and marigold to calm, soothe and strengthen delicate, irritated tissue, while healing the root cause of pain and soreness.

Simply place a small amount of Anasan on the last sheet of toilet tissue you use and you'll be amazed and delighted at how quickly that annoying, itching and stinging sensation is relieved and healed.

Product Code: SB014
Pk Size: 50ml
Medosan



ORTHOMOL ARTHRO PLUS

Joints, bones, muscles and tendons are part of our locomotor system. During our lifetime, our joints are subjected to great wear, which can cause joint degeneration, otherwise known as osteoarthritis - symptoms include pain, stiffness and limited mobility. Orthomol Arthro can be used for the dietary management of osteoarthritic joint changes. Each pack contains both powder and capsules to be taken daily.

Product Code: O003
Pk Size: 1 x 30 Days
Orthomol



MEDOSAN BOSWELLIA BALM

Boswellia is a natural remedy which relieves pain for people who suffer from arthritis, back pain and morning stiffness.

Medosan's Boswellia Incense Balm is inspired by an ancient recipe from Buddhist monks and contains valuable extracts of Indian incense that have been clinically proven to reduce joint swelling and pain, as well as increasing suppleness.

Simply smooth the wonderfully fragrant Boswellia Pain Relief Balm over painful areas to gain the beneficial effects which include:

- Pain Relief • Improved supply of blood to inflamed joints
- Increased mobility • Decrease in swelling of joints

Product Code: SB013
Pk Size: 100ml
Medosan



MEDOSAN VENONIGHT

Do you have varicose veins? Weak and tired legs? Unpleasant and ugly redness? Blue and protruding veins?

Featuring a high concentration of natural horse chestnut extract, this high-quality product also contains many other valuable herbal ingredients. It is a gift for hard-working tired feet and is especially suited to people who stay on their feet for long periods. The active ingredients effect tightens enlarged veins, increasing blood circulation and toning them.

The natural herbal ointment helps with the cosmetic aspect by soothing redness and improving blood circulation.

Product Code: SB040
Pk Size: 100ml
Medosan



Cherry Stone Pillows

- 100% Bio Cotton
- Perfect as a cool pack
- Can be heated in the oven or microwave
- 10 Year Guarantee

The contemporary version of a centuries-old Swiss tradition. The pillow is filled with cherry stones and can be easily and quickly heated, for example, in the microwave. It then radiates heavenly warmth for hours.

The pillow shapes itself to the body and spreads its heat evenly. It never gets colder than body temperature. Place the pillow by your feet in bed, on your stomach to relieve stomach cramps, or around your neck if you are feeling stressed.

NECK & SHOULDER

For Neck & Shoulder complaints.

Product Code: CH002
Cherry Stone Pillow: Neck & Shoulder
13cm x 55cm
Pk Size: 1 pillow
Inatura

CLASSIC

The classic is ideal to simply relax and enjoy, also for back aches, muscular aches, period pain, stomach cramps and migraines.

Product Code: CH001
Cherry Stone Pillow Classic
27cm x 27cm
Pk Size: 1 pillow
Inatura



SOLUSNORE LOZENGES

Snoring is a very real problem. As part of the Great British Snoring Survey (yes, there really was one), it was reckoned that 48% of partners are obliged to sleep in separate rooms - just to get some peace and quiet. No wonder snoring can put relationships under pressure as well as resulting in an almost constant feeling of tiredness. All of which suggests that Solusnore has arrived in the nick of time. These sugar-free lozenges are specially formulated to gradually impregnate the flexible tissue of the throat and help prevent snoring. Will Solusnore work its 'silence is golden' magic on you? Just suck it and see!

Product Code: INE002
Pk Size: 15 Lozenges
Nutri Derma



ORGANIC AIRWAYS PILLOW SPRAY

The new Nutri Derma organic airways pillow spray is exclusively made up of organic essential oils helping you to naturally regain deep, peaceful sleep, vital for the immune system. Not only that! The association of essential oils such as eucalyptus, lavender, rosemary and bay makes this a product specially designed for the airways. Special oils with de-congesting and purifying virtues.

Product Code: INE005
Pk Size: 100ml
Nutri Derma



ORGANIC PILLOW SPRAY

This organic spray is very easy to use, just spray 5 times on either side of your pillow and sheets (optional) before going to bed. The fragrances of your pillow spray will create a fresh atmosphere helping you to drift into a deep and peaceful sleep.

Product Code: INE006
Pk Size: 100ml
Nutri Derma

♥ Cherry Stone soft toy pillows for kids

Meet the Cherry Belly's!



Transform your soft toy into a comforting warm companion.

The Cherry Belly animal is a wonderfully soft, children's friend with a warm heart, filled with cherry stones.

The cherry cushion cuddly toy is not only a source of well-being, but also lovely to cuddle, ideal for warming up the bed, and a super soft, furry friend, to get extra cosy with!

Heat the soft, heart-shaped cushion for a few minutes in the microwave and you have a delightful, warm and cuddly toy. For hours on end the heat is diffused by its little companion. Cherry Belly is an ideal and safe alternative to hot water bottles and can also be used as a cold compress.

The cuddly toy can be washed in the washing machine.

A super cuddly toy from the Belgian manufacturer **inatura**, highly recommended!

Cherry Stone soft toy pillows for kids
Suitable from birth.
Dimensions: 16.5 x 16.5 x 24 cm
Requires batteries: No
Discover all the other animals in this range:

Cherry Belly Wildlife

Cherry Belly Bear CHE003

Cherry Belly Elephant CHE006

Cherry Belly Hippopotamus CHE007

Cherry Belly Monkey CHE008

Cherry Belly Farm

Cherry Belly Cat CHE004

Cherry Belly Dog CHE005

Cherry Belly Pig CHE009



Stressed....? Try Orthomol

Everyday life is demanding. You need productivity, energy and focus. Take a look here to find the Orthomol product that provides you with targeted support for your specific circumstances. Micro-nutrients for the nervous system, brain and energy-yielding metabolism. A balanced diet is sometimes not our highest priority when things get hectic or during exams, for example. However, at times like these it is especially important to give your body extra micro-nutrients. Orthomol products can help you to provide your body with what it needs.

Orthomol Vital M and Orthomol Vital F are food supplements, they contain important micro-nutrients such as B vitamins and magnesium that contribute to normal energy-yielding metabolism and normal functioning of the nervous system. With omega-3 fatty acids.

- Vitamin C, vitamin B2 (riboflavin), vitamin B6, vitamin B12, folic acid, niacin, pantothenic acid and magnesium contribute to the reduction of tiredness and fatigue.
- Vitamin B1 (thiamine), vitamin B2 (riboflavin), vitamin B6, vitamin B12, pantothenic acid, niacin, vitamin C, biotin, magnesium, iodine, manganese and copper contribute to normal energy-yielding metabolism.
- Vitamin B1 (thiamine), vitamin B2 (riboflavin), vitamin B6, vitamin B12, vitamin C, niacin, biotin, magnesium, copper and iodine contribute to normal functioning of the nervous system.

ORTHOMOL VITAL M
Product Code: O005
Pk Size: 1 x 30 Days

ORTHOMOL VITAL F
Product Code: O004
Pk Size: 1 x 30 Days

30 Vials
Product Code: O027
Pk Size: 1 x 30 Days

30 Vials
Product Code: O026
Pk Size: 1 x 30 Days



IRON VITAL

Do you often feel tired or worn out? These could be signs of an iron deficiency. This trace element plays a key role in the production of red blood cells and thus in the vital transportation of oxygen around the body by the blood.

Iron VITAL F Liquid provides a fruity tasting supply of iron to individuals at special times of life, for example for pregnant women and nursing mothers, for women with heavy menstruation, for vegetarians and vegans and for athletes and active people.

Iron VITAL F Liquid contains the trace element iron in its bivalent form, which is extremely easy for the body to absorb.

Product Code: AH001
Pk Size: 250ml
Anton Hübner



IRON VITAL SACHETS

- ✓ HANDY SINGLE STICKS FOR TRAVEL
- ✓ NO REFRIGERATION REQUIRED
- ✓ 10 MG IRON PER SACHET
- ✓ VEGAN ✓ GLUCOSE AND LACTOSE FREE



Product Code: AH027
Pk Size: 20 sachets
Anton Hübner



Shine some light on your mood

LED DAYLIGHT SAD LAMP

Improve your mood at the flick of a switch!

Shorter days, long dark nights not to mention lock-down has made everyone less happy - it's no wonder lots of us suffer from the winter blues or SAD (Seasonal Affective Disorder). Happily, the Save The Day SAD lamp could provide some help.

It glows bright with up to 10,000 Lux full-spectrum UV-free light at 10cms and according to studies may help relieve fatigue and sleep disorders - at the same time improving concentration, boosting energy, and improving mood. Simple to use, it features multiple colour temperatures (daylight, natural and warm light), 5 brightness levels, 4 timer settings and is small and slim enough to take anywhere and will even operate with a USB power pack.

Dimensions 24x15x2cm

Product Code: STD001
Pk Size: 1 unit
Save the Day





**NO PRESERVATIVES
AS FOUND IN
OTHER BRANDS**

SILICEA GASTRO INTESTINAL & DIRECT

Silica contained in silicea gastrointestinal gel is present in high concentration. As a result, it forms large molecular complexes. The great advantage of these complexes is their ability to unfold a tremendous binding potential.

This works much in the same way as a sponge: the pathogens and the associated toxins are absorbed and subsequently excreted by natural means. The gastrointestinal tract is thus allowed to recuperate and not subjected to additional strain, for the composition of the gel is of a purely mineral nature and does not contain any chemical preservatives.

Product Code: AH003
Pk Size: 200ml

Product Code: AH004
NEW! Pk Size: 500ml

Product Code: AH013
Pk Size: 15 x 10 ml Sachets
Anton Hübner

PURE MAGNESIUM CITRATE POWDER

- 100 Servings
- No need to swallow large tablets
- Additive free
- Suitable for Vegans

Magnesium contributes to the reduction of tiredness and fatigue, and helps in the maintenance of normal bones and muscle function.

Magnesium is required for the proper growth and maintenance of bones. Magnesium is also required for the proper function of nerves, muscles, and many other parts of the body. In the stomach, magnesium helps neutralise stomach acid and moves stools through the intestine.

Product Code: BE017
Pk Size: 250g
Biethica



Transipure® Psyllium Husk

Transipure Psyllium Husk is a high fibre powder containing 100% milled Psyllium husk powder which provides a naturally rich form of dietary fibre

New to the Transipure range is pure Psyllium husk powder. Psyllium husk acts as an effective osmotic laxative helping to soften stools while providing excellent natural prebiotic properties to benefit digestive transit and gut health.

Ideal for adding extra fibre to the diet and in cases of IBS and haemorrhoids to maintain regular bowel movements.

Gluten-free, non-GMO and suitable for Vegetarians.

Product Code: TP002

Pk Size: 180g

NEW!



LECITHIN GRANULES

Following the world shortage of Lecithin we have now secured stock!

GMO Free: **SOYA LECITHIN**
Soya Lecithin is rich in Linoleic Acid which contributes to the maintenance of normal cholesterol levels.

- 100% Soya Lecithin
- Non GMO
- Vegan



Product Code: BE019

Pk Size: 500gm

Product Code: BP018

Pk Size: 250gm

MEDOSAN MEDOBALANCE

Our body is made up of 60% water. To be healthy, this water must be in a slightly alkaline state. This condition is constantly triggered by what you eat and drink. When the body is in acidic state it often leads to slower metabolism and weight gain.

Medobalance, clinically formulated with 100% natural ingredients, defeats acidity in the body. It helps to balance the pH level of your body by correcting the extremely acidic conditions associated with gout, diabetes and arthritis.

It is gentle to the body, effectively boosts your body's immune response level, supplies you with new energy and restores balance to your body

Product Code: SB038

Pk Size: 225gm

Medosan



GOLDEN GREENS BIOFIBRE® ORGANIC INULIN POWDER

Pre-biotic Fibre was featured in 'The Truth About Sleep', where Dr Michael Mosley examined it's effectiveness to promote better sleep and 'good' bacteria in the gut.

Angela Rippon's doctor in 'How To Stay

Product Code: GR023

Pk Size: 250gm

Product Code: GR024

Pk Size: 500gm

Golden Greens



LET'S GO BALMY!



BELLA BRIGHTON **SOOTHE AND SNOOZE LAVENDER BALM**

Soothe & Snooze Lavender Balm is intended for the regeneration and soothing of the skin. Can help with insomnia, nervousness and various sleep disorders.

Product Code: BB004
Pk Size: 50ml
Bella Brighton

BELLA BRIGHTON **JOINT AND MUSCLE COMFREY BALM**

Comfrey root is rich in allantoin and has regenerative and healing effects on irritated skin. Comfrey root is known to help sprained muscles and soothe joints.

Product Code: BB005
Pk Size: 50ml
Bella Brighton

BELLA BRIGHTON **SATIVA SOOTHE HEMP BALM**

Hemp Oil keeps the skin supple, smooth and elastic. With a high concentrate of unsaturated gamma linoleic acid (up to 73%), it protects the skin from drying, significantly reducing wrinkle production.

Product Code: SAT001
Pk Size: 50ml
Bella Brighton

BELLA BRIGHTON **BUMP AND BRUISE ARNICA BALM**

Arnica is traditionally used for soothing bruises & sprains and is ideal for use after exercise. Arnica reduces sebum production, ideal for problematic teenage skin.

Product Code: BB006
Pk Size: 50ml
Bella Brighton



BELLA BRIGHTON

TOP 3 NATURAL SKIN TREATS

LUXURY ROSE DAMASK OIL

Luxury skin oil for all skin types. The oil contains a large amount of essential fatty acids, vitamin E and other antioxidants. Use daily to nourish, hydrate and restore your skins radiance. Made from a blend of organic cold pressed oils, containing the highly prized Rose Damask. Contains no preservatives.

Product Code: BB003
Pk Size: 25ml
Bella Brighton



HYALURONIC ACID SERUM

The 'must have' beauty ingredient Hyaluronic acid has been hailed the wonder ingredient to reduce wrinkles and fine lines. Don't worry, it's not an acid in the sense of burning you, it's youth enhancing ingredient, is found naturally in the skin and joint tissue and works by retaining moisture to prevent skin ageing. It also improves skin elasticity.

Found in smaller quantities in some of the biggest cosmetic brands often costing twice as much, Bella Brighton contains high levels of the skin plumping ingredient along with Provitamin B5 and herb extracts to increase its 'wrinkle busting' effects.

Product Code: BB002
Pk Size: 25ml
Bella Brighton

Product Code: BB010
Pk Size: 50ml



So Squalane.



Ultra-moisturising formula from sugar beet.

Moisturising Facial Oil with Squalane

Squalane facial oil for all skin types. 100% natural, Squalane has exceptional moisturising properties and has been shown to reduce water loss from skin by 19%, and increase cell turnover by 34%.

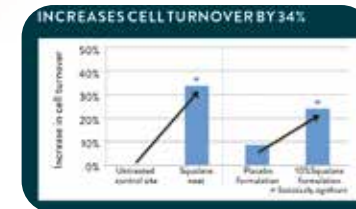
Can also be used on dry hair for a hydration boost.

NOURISH YOUR HAIR

- Prevents moisture loss
- Provides heat protection
- Strengthens hair
- Improves shine
- Enhances elasticity
- Prevents breakage

& FEED YOUR SKIN!

- Increases cell turnover
- Provides moisture
- Improves skin elasticity
- Reduces the appearance of wrinkles and fine lines



100% Pure
Squalane Oil
SUSTAINABLE*
BEAUTY

Code: BB008
Pk Size: 25ml
Bella Brighton

Code: BB009
Pk Size: 50ml
Bella Brighton



*Produced from Sugar beet

MEDOFIX HEEL & FINGER CARE

Cracked heels and rough fingers? MedoFix heel and finger care - the effective emergency aid!

Cracked skin not only causes pain, burning and looks ugly, but also opens the door to viruses, fungi and bacteria! Because feet and hands are exposed in everyday life to many impurities and germs, the skin is our most important protective organ.

If it is cracked, pathogens can invade unhindered and often lead to severe infections. Simply applied to the dry and chapped skin on the feet and hands, MedoFix nourishes and soothes the damaged areas and fills in bumps. The skin becomes smooth, supple and soft again. The moisture retention capacity is improved and the barrier function of the skin against harmful external attacks is restored.

Product Code: SB027
Pk Size: 30ml
Medosan



MEDOSAN EX-HAIR REMOVAL ROLL ON & CREAM

Often bought together but can also be used exclusively.

Ex-Hair Removal Roll On, removes unwanted body hair for the last time, it is painless, and results in no cuts, pulling, rashes or burns. No pain, no effort, no preparation required - just quick easy and gentle hair removal. It is 100% Natural and slows down future hair growth.

- Painless Hair Removal- right from the roots
- In just 5 minutes Ex-Hair Roll-on removes hair from: underarms, legs, face, bikini-line and chest.
- Hair growth is prevented for 6-8 weeks
- Ex-hair Roll-on works right down to the roots by dissolving the hair root inside the follicle.
- For Men and Women

Ex-Hair Stop is a hair inhibitor. The Gel soothes and protects the skin after shaving or hair removal and slows down regrowth.

The swiss made gel inhibits the prominence and density of body hair, it stunts future hair growth by targeting it with natural inhibiting ingredients. Made with a high concentration of hair growth prevention ingredients, the formula uses natural mechanisms to stunt growth of unwanted hair.

Product Code: SB012
Pk Size: 75ml Roll on

Product Code: SB021
Pk Size: 100ml Gel
Medosan



PEDOSAN NAIL REVITALISING CREAM

Discoloured, thickened and deformed toenails caused by nail fungus and infections can get ugly. This new nail revitalising cream reduces discolouration and smooths uneven, rough spots

Product Code: SB026
Pk Size: 30ml
Medosan

MEDOSAN NAIL FIX

A "first aid" remedy for use at the signs of painful ingrowing toenails. Helps soften the nail bed for easier treatment, and protects against future infections. Simply paint on with nail brush. 10ml bottle.

Code: SB008
Pk Size: 10ml
Medosan

SILICEA COLD SORE GEL

Silicic acid is the active ingredient in Silicea Cold Sore Gel. Silicic acid is the mineral silicon (Si) combined with oxygen and water. What makes silicic acid gel so special, is its exceptional ability to bind water and secretions. The gel binds the fluid secreted by the cold sore blisters (herpes) naturally, drying them out and limiting the spread of the virus.

Product Code: AH009
Pk Size: 2g
Anton Hübner





MEDOSAN SKIN DOC IMMORTELLE

Skin Doc Immortelle is gaining a reputation as the go-to product for a whole range of skin problems and anti-ageing protection. This is down to the high concentration of italdones which the immortelle flower extract cream contains. It speeds up the healing process and accelerates skin cell renewal, which - along with its anti-inflammatory properties - make it particularly good at treating skin injuries as well as scar regeneration.

Product Code: SB018
Pk Size: 100ml
Medosan

MEDOSAN ACTIVE LIFT IMMORTELLE CREAM

Here's an anti-ageing cream that helps your skin look dewy-fresh and youthfully radiant, yet uses completely natural ingredients. Chief amongst these is an extract from a species of strawflower that the French call 'immortelle'. It works by activating cell renewal, stimulating micro-circulation, reducing the appearance of wrinkles and preserving the skin's elasticity.

With sunflower-derived vitamin E, Shea butter, Pentavin and COLLA-GAIN, it protects the skin against free radicals, combats UV-related ageing and acts as a moisturiser. Suitable for all skin types (including sensitive and irritated skin), it may not quite be the 'fountain of eternal youth' - but it is a lot easier to find!

Product Code: SB019
Pk Size: 50ml
Medosan



MEDOSAN ARNICA MASSAGE CREAM

Medosan's lightly fragranced arnica and ginseng cream has a warming effect on the skin and contains a blend of natural arnica, Siberian ginseng, and 24 essential oils. Use in combination with joint massage before activity, which will help relax and warm up muscles before activity to help prevent soreness and stiffness later on.

Product Code: SB007
Pk Size: 100ml
Medosan

MEDOSAN THUJA SKINCARE FLUID

Remove skin tags the natural way, thanks to Thuja Skincare Fluid. . Simply apply a couple of drops to the affected area to leave skin feeling nourished, clear and smooth.

Product Code: SB015
Pk Size: 10ml
Medosan



MEDOSAN APRICOT OIL GEL

Apricot Gold is a unique, anti-wrinkle gel made with apricot oil. It's rich in Vitamin A and E, helping to protect your skin from dryness whilst creating a natural smooth skin tone. Suitable for women of all ages it can be used as part of your day and night beauty regime, helping to reduce the appearance of wrinkles in a matter of weeks.

Product Code: SB011
Pk Size: 50ml
Medosan

Silicea Kollagen plus

for firm and radiant skin*

- Silica Gel • Hyaluronic Acid
- Vitamin C • Copper • Collagen Peptides •

Perfect for:

- Skin lacking in elasticity and vitality
- Skin with fine creases, wrinkles and signs of aging
- Skin lacking in moisture
- Skin that is exposed to additional stress, e.g. due to the environment or medication

Contains:

- 2500mg VERISOL® Collagen
- 150mg of HAPLEX® plus hyaluronic acid
- Silicea Silica
- Copper and Vitamin C
- Lotus flower extract



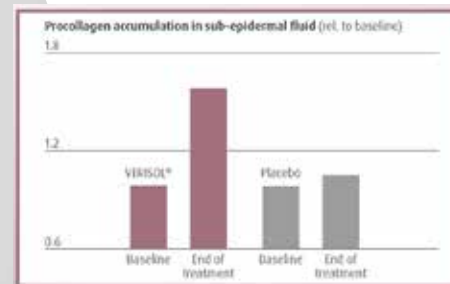
Silicea Kollagen plus contains nutrients that provide a radiant, smoother, more vital complexion:

Bioactive collagen peptides reduce the depth of wrinkles and increase the elasticity and density of the skin. Hyaluronic acid and silica gel ensure intensive moisturising and cushioning.

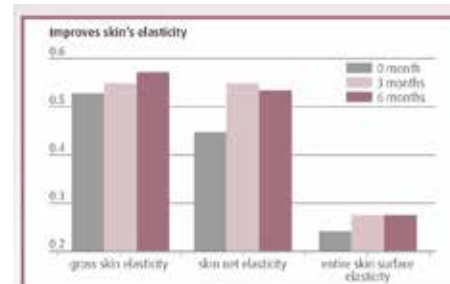
Copper and Vitamin C protect against free radicals (protection against oxidation).

According to Ayurvedic tradition, lotus flowers have a nurturing effect.

With mango pulp and lotus flower, giving it a deliciously fruity flavour.



Visible reduction of wrinkles
VERISOL® significantly reduces wrinkles and improves skin elasticity. Collagen in the skin increases by 60%*



Increased elasticity & moisture
HAPLEX® Plus effectively increases the skin's moisture balance and elasticity in depth**

* Oral Intake of Specific Bioactive Collagen Peptides Reduces Skin Wrinkles and Increases Dermal Matrix Synthesis
Proksch E., Schunck M., Zague V., Segger D., Degwert J., Oesser S. Skin Pharmacol Physiology, December 2013

** Clinical study on the anti-wrinkle efficacy of HAPLEX® Plus, A&G laboratories, Spain. HAPLEX® Plus (Bloomage Biotechnology Corp., Ltd.) 150mg/day. Volunteers: N=29

Product Code: AH025
Pk Size: 30 sachets
Anton Hübner

Product Code: AH026
Pk Size: 60 sachets
Anton Hübner

MEDOSAN COLOSTRUM CREAM

Colostrum Dermacell Cream is a cortisone and antibiotic free way to treat itchy or scaly skin. Made with bovine colostrum, the exceptionally nutritious and highly prized first milk of cows.

Suitable for a variety of conditions including psoriasis and eczema. Works deep down to soothe irritation and help regeneration.

- Cortisone and antibiotic free
- Soothes irritation and helps regeneration
- Natural ingredients

Product Code: SB009
Pk Size: 100ml
Medosan



MEDOSAN AGE BLEMISH CREAM

A naturally simple way to help fight the appearance of age spots and blemishes.

Can be used on any part of the body. Contains active ingredient Asafoetida, long known and well regarded in Chinese herbology.

Code: SB006
Pk Size: 100ml
Medosan



GOLDEN GREENS EXPERT COLLAGEN COMPLEX

Expertly formulated for women, Golden Greens Collagen Complex contains skin firming Collagen that helps support elasticity and shields your skin against visible signs of ageing.

Golden Greens Collagen Complex is made with Naticol hydrolysed marine collagen powder and high strength hyaluronic acid.

A clinical study was conducted using Naticol Collagen and concluded that a regular intake of collagen improves skin firmness and reduces wrinkles.

- 100mg Hyaluronic Acid per serving
- 5000mg Naticol hydrolysed sustainably sourced marine collagen per serving
- Organic Vitamin C contributes to normal collagen formation
- Free from artificial additives, sweeteners and preservatives

Product Code: GR064
Pk Size: 100g
Golden Greens

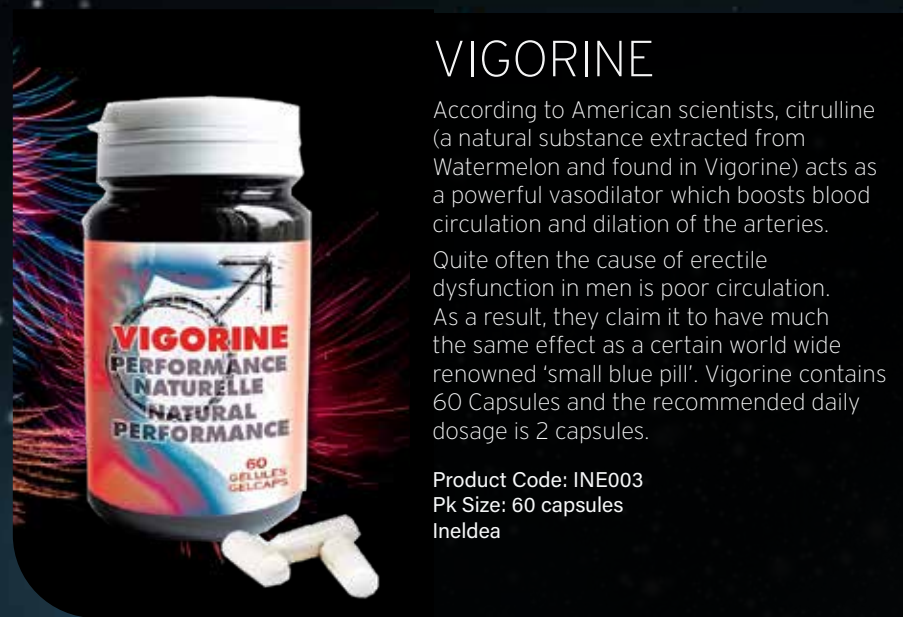
Product Code: GR065
Pk Size: 300g



GOLDEN GREENS ORGANIC AMLA FRUIT POWDER

Amla is one of the essential ingredients of Triphala. Amla is known as a rasayana, having restorative and balancing effects on the three constitutional elements that govern human life: Vat, Pit and Kaph. Amla is a potent rejuvenating herb that nourishes the tissues and gently removes toxins. Amla possesses sour, sweet and astringent tastes, predominantly sour. Amla is highly nutritious and is an important dietary source of vitamin C, minerals and amino acids. Amla is often used as a laxative to relieve constipation, maintain regularity and assist in natural internal cleansing.

Product Code: GR041
Pk Size: 200gm
Golden Greens



VIGORINE

According to American scientists, citrulline (a natural substance extracted from Watermelon and found in Vigorine) acts as a powerful vasodilator which boosts blood circulation and dilation of the arteries.

Quite often the cause of erectile dysfunction in men is poor circulation. As a result, they claim it to have much the same effect as a certain world wide renowned 'small blue pill'. Vigorine contains 60 Capsules and the recommended daily dosage is 2 capsules.

Product Code: INE003
Pk Size: 60 capsules
Ineldea

ORTHOMOL NATAL

Orthomol Natal is a food supplement for women before, during and after pregnancy. It contains vitamins, minerals, trace elements and antioxidants such as e.g. folic acid, iodine, iron, magnesium and calcium as well as special omega-3-fatty acids, especially DHA, and pro-biotic.

Product Code: O009
Pk Size: 1 x 30 Days



ORTHOMOL FERTIL PLUS

Orthomol Fertil plus is a food supplement. It contains important micro-nutrients for male fertility. With zinc for normal fertility and reproduction, and also selenium for normal spermatogenesis.

Orthomol Fertil plus also contains L-carnitine, coenzyme Q10 and omega-3 fatty acids.

Product Code: O006
Pk Size: 1 x 30 Days



MEDOSAN MEDOHAIR SHAMPOO

Enjoy fuller, thicker and stronger hair thanks to this all-natural shampoo. Medosan Medohair Shampoo's blend of caffeine and plant extracts help stimulate the metabolism and encourage follicle growth.

Leaves hair cleansed, conditioned and strengthened.

- For fuller, thicker and stronger hair
- All-natural blend of caffeine and plant extracts
- Boosts hair growth
- Clinically proven

Product Code: SB003
Pk Size: 200ml
Medosan



MEDOSAN MEDOHAIR TONIC

A blend of natural ingredients designed to make hair feel longer, stronger and fuller. Contains caffeine and plant extracts that can stimulate the metabolism and boost follicle growth. Easy to use tonic can be massaged into wet or dry hair.

- Blend of natural ingredients
- For longer, stronger & fuller hair
- Contains caffeine and plant extracts
- Can be massaged into wet or dry hair

Product Code: SB004
Pk Size: 200ml
Medosan



PILFOOD CAPSULES

Pilfood® Complex is a food supplement with nutrients for the maintenance of normal hair and nails. Pilfood® Complex effectively prevents hair loss.

Pilfood® Complex is an innovative product against hair loss, which works from the inside, interacting on the same hair bulb, which is the living part of the hair.

Pilfood® Complex is designed for men and women with hair loss and fragile, damaged and brittle nails.

Product Code: PF012
Pk Size: 6 x 90 Capsules
Pilfood



SILICEA HAIR, SKIN, NAILS & BONES

Keeping your nails, skin and hair, strong and healthy 24/7 can be a real challenge. Hübner's Silicea Hair, Skin and Nails is created just for you. Filled with 100% natural silica - the perfect vitamin for your skin and hair - one tablet a day keeps your body strong, healthy and glowing for longer.

Silica - derived from quartz crystal - is found in both plants and animals. It's an essential element in human connective tissues, collagen and elastin. Hübner's Silicea is chock full of Silica!

Product Code: AH005
Pk Size: 30 Capsules
Product Code: AH006
Pk Size: 60 Capsules
Anton Hübner



Moisturising Foot Mask with Hyaluronic Acid

Intensive repairing socks, with Coconut Oil Milk Extracts and Hyaluronic Acid.

Slip on the intensive foot repairing socks for a calming moment of relaxation while treating yourself with deep moisturising therapy to nourish dry and rough feet.

Drench from heel to toe in a luscious cream, formulated with coconut oil milk extracts and hyaluronic acid, to leave your feet, soft, smooth and silky.

Fusswohl Moisturising Foot Mask helps heal and repair dry and cracked skin with intensive hydration for soft, smooth and healthy-looking feet from heel to toe.

Enriched with essential oils and fruit extracts. One size fits most up to 10.5 inches, with a secure tab that prevents them from slipping off.

Product Code: SB061
Pk Size: 1 pair
Medosan

Forwarts Wart Remover

Forwarts is an innovative solution for the removal of warts and verruca's. Forwarts removes warts effectively, easily and in a matter of seconds.

Forwarts uses direct spray technology (direct freezing). This technology uses a device that can spray a very precise dosage of cooling agent directly and continuously onto the wart

- Easy and ready to use
- Fast
- Freezes in 10-15 seconds
- Effective, due to direct continuous spraying system
- Freezes to -80°C (wind chill temp.)
- From 4 years of age

Product Code: PRON003
Pk Size: 1 pack
Pronova



Pronail Plus

Cure finger and toenail fungus quickly, easily and painlessly.

Fungal nail infection isn't unusual - but it is unsightly and can eventually become painful and infected.

Formulated with the patented, natural complex, ISK1230®. Pronail Plus is a proven CE registered Medical Device that provides the solution.

Simple to use, you brush it on (like nail varnish) two or three times a day and let it work its magic. In just a few weeks the fungus has gone, and daily applications will prevent it returning.

Supplied with full, easy-to-follow instructions, available in brush or pen.

Product Code: PRON001
Pk Size: 10ml
Norupharma

Product Code: PRON004
Pk Size: 1 pen
Norupharma



**IDEAL WHEN DOCTORS APPOINTMENTS ARE LIMITED
PROFESSIONAL CARE AT HOME • PERFECT TREATS FOR YOUR FEET**



ORGANIC BEE POLLEN

Bee Pollen's so quick and easy to take, and it's bursting with vitamins and minerals.

Rich in iron: contributes to the reduction of tiredness and fatigue.

- Delicious raw or sprinkled over smoothies
- Gluten Free, Lactose Free
- Lovingly hand packed
- 22 amino acids, 12 vitamins, 28 minerals

Product Code: GR001
Pk Size: 100gm



Product Code: GR016
Pk Size: 200gm Large
Golden Greens

ORGANIC MATCHA TEA

There's something special about how our Organic Matcha is produced. The tea leaves are covered for two weeks before they are picked, and this increases the chlorophyll within them, making the leaves a vibrant green colour. Then they're dried and very slowly stone-ground into a fine powder, before being packed, locking in all the goodness.

Product Code: GR006
Pk Size: 50gm



Product Code: GR015
Pk Size: 100gm Large
Golden Greens



ORGANIC MACA POWDER

Maca is a root vegetable from the Andes, grown in a pure, unspoilt organic environment. Maca has been used for thousands of years and was favoured by the ancient Inca tribes for it's properties. Zinc in Organic Maca contributes to normal fertility and reproduction, and Iron contributes to the reduction of tiredness and fatigue.

Product Code: GR012
Pk Size: 100gm

ORGANIC SPIRULINA POWDER

Spirulina, perhaps the most popular super-food, is an ancient blue-green algae cultivated in special fresh water pools under warm golden sunlight, to maintain a pure, organic environment.

It's gently dried and powdered to ensure maximum nutrition. Vitamins B1, B12 and Iron in spirulina contribute to the reduction in tiredness and fatigue.

Product Code: GR002
Pk Size: 100gm

Product Code: GR019
Pk Size: 200gm Large

Product Code: GR003
Pk Size: 120 Tablets

Product Code: GR052
Pk Size: 250 Tablets

Product Code: GR053
Pk Size: *450's*
Ex Large
Golden Greens

ORGANIC CHIA SEEDS

Chia Seeds are an ancient food native to South America and were used by the Aztec's, Mayans and other indigenous tribes who understood the nutritional value of these tiny seeds. Zinc in Chia contributes to the maintenance of normal skin, hair, and nails.

Product Code: GR036
Pk Size: 250gm
Golden Greens

ORGANIC HEMP PROTEIN POWDER

Hemp is an ideal vegan protein. It's made from organic hemp seeds that have been collected and cold pressed. This removes their oil, and produces a 'hemp cake' that's high in protein and fibre which is then ground into our Organic Hemp Protein powder with a gentle nutty taste. Protein contributes to the growth in muscle mass and maintenance of normal bones.

Product Code: GR032
Pk Size: 250gm
Golden Greens



ORGANIC BROWN RICE PROTEIN POWDER

Product Code: GR034
Pk Size: 250gm

ORGANIC CACAO NIBS

Product Code: GR037
Pk Size: 200gm

ORGANIC CAMU CAMU POWDER

Product Code: GR011
Pk Size: 40gm

Product Code: GR062
Pk Size: 100gm Large

ORGANIC CHLORELLA POWDER

Product Code: GR007
Pk Size: 100gm

Product Code: GR056
Pk Size: 200gm

Product Code: GR008
Pk Size: 120 Tablets

Product Code: GR054
Pk Size: 250 Tablets

Product Code: GR055
Pk Size: 450 Tablets Ex Large

ORGANIC ENERGY POWDER

Product Code: GR014
Pk Size: 100g

Product Code: GR057
Pk Size: 200g Large

ORGANIC VITAMIN D COMPLEX

Product Code: GR051
Pk Size: 150gm

Product Code: GR058
Pk Size: 300gm

ORGANIC ACEROLA POWDER

Product Code: GR044
Pk Size: 50gm

ORGANIC ARONIA POWDER

Product Code: GR030
Pk Size: 100gm

ORGANIC BAOBAB POWDER

Product Code: GR010
Pk Size: 100gm

Product Code: GR020
Pk Size: 200gm

ORGANIC BEETROOT POWDER

Product Code: GR042
Pk Size: 200gm

ORGANIC BLACKCURRANT POWDER

Product Code: GR029
Pk Size: 100gm

ORGANIC BROCCOLI POWDER

Product Code: GR027
Pk Size: 200gm

ORGANIC GOLDEN TURMERIC

Product Code: GR040
Pk Size: 100gm

Product Code: GR059
Pk Size: 200gm Large

ORGANIC GREEN PASSION POWDER

Product Code: GR013
Pk Size: 90gm

Product Code: GR061
Pk Size: 200gm Large

ORGANIC HEBRIDEAN KELP POWDER

Product Code: GR047
Pk Size: 100gm

ORGANIC KALE POWDER

Product Code: GR025
Pk Size: 200gm

ORGANIC MORINGA POWDER

Product Code: GR009
Pk Size: 100gm

Product Code: GR018
Pk Size: 200gm

ORGANIC NEW ZEALAND WHEAT GRASS POWDER

Product Code: GR049
Pk Size: 100gm

Product Code: GR050
Pk Size: 200gm

ORGANIC PEA PROTEIN POWDER

Product Code: GR035
Pk Size: 250g

ORGANIC PUMPKIN PROTEIN POWDER

Product Code: GR033
Pk Size: 1

ORGANIC RAW CACAO POWDER

Product Code: GR021
Pk Size: 200gm

ORGANIC ROSEHIP POWDER

Product Code: GR045
Pk Size: 200gm

ORGANIC SPINACH POWDER

Product Code: GR026
Pk Size: 200gm



golden
greens[®]
Organic



GIN·GINS®

HARD GINGER CANDY

Great for Travel & Nausea • Sweetened with cane sugar •
 • Nothing Artificial! • No GMO project verified • Gluten Free • Vegan



CHEWY GINGER

Gin Gins® Chewy Ginger Candy - Now in bag form! - Winner of Fiery Food Associations Scovie Award for 'Best Candy,' our Original Ginger Chews are natural, stimulating and delicious. Given gingers queasy-quelling properties, Ginger Chews are great to help fight off nausea while flying, boating or going on a bumpy road trip. Surprisingly and satisfyingly spicy. The only candy that bites you back!

Product Code: 97101
 Pk Size: 84gm

Product Code: 97302
 Pk Size: 150gm

Product Code: 97412
 Pk Size: 42gm
 The Ginger People

SPICED APPLE

Named "Best Candy" at the Scovie Awards, our Gin Gins® Spicy Apple Chewy Ginger Candy combine the peppery pop of ginger and cinnamon with the refreshing sweetness of delicious apples. Delightfully spicy, chewy and full flavoured, these spicy-fruity treats remind us of a warm slice of apple pie. Drop a few in a cup of boiling water, let them melt and enjoy a deliciously spiced cup of Spicy Apple Ginger Cider. Yum!

Product Code: 97106
 Pk Size: 84gm
 The Ginger People

HARD GINGER CANDY

Gin Gins® Hard Candy - Now in bag form! Natural, stimulating and delicious. Given Ginger's queasy-quelling properties, Gin Gins® Hard Candy are great to fight off nausea while flying, boating or going on a bumpy road trip. Take Gin Gins® Double Strength Hard Ginger Candy with you wherever you go and enjoy as a spicy-sweet pick-me-up. These double strength hard ginger candies are made with all natural ingredients and are a popular throat lozenge to both warm and soothe.

Product Code: 97103
 Pk Size: 84gm

Product Code: 97205
 Pk Size: 60gm

Product Code: 97305
 Pk Size: 150gm
 The Ginger People

STRONG GINGER CARAMEL

Gin Gins® Caramel Ginger Candy is a super-delicious, super-soothing candy packed with a whopping 30% fresh ginger - our most potent candy yet!

Fondly referred to as our "little potion for the motion," you'll enjoy its softer texture and warm ginger kick. If you or someone you know suffers from motion sickness, give this tasty little candy a try. Call it a little traveller's insurance to help make your next journey the most comfortable yet.

Ginger Product Code: 97112
 Pk Size: 31gm

Product Code: 97203
 Pk Size: 60gm
 The Ginger People

CONFECTIONERY: Gin Gins®



#GingerEveryDay    

NEW! ORGANIC FIGI GINGER SYRUP

Golden ginger-infused syrup to drizzle over fruit salads, ice cream or cakes. Swirl the sweetness of ginger into a warm bowl of oatmeal or glaze chicken, roasted carrots or sweet potatoes. Perfect accompaniment to pancakes!

Product Code: 97470
Pk Size: 237ml
Ginger Party



ORGANIC GINGER JUICE

Discover the goodness of ginger in its most convenient form - Ginger Juice!

A fantastically versatile condiment that will soon become a store cupboard essential!

Use for cocktails, homemade ginger beer and ale, chai and teas.

Can be used in place of fresh ginger when making juices and smoothies. An easy and delicious addition to many recipes including ginger cake, soups, stews, curry's and stir-fry.

Product Code: 97170
Pk Size: 237ml
Ginger Party



ORGANIC TURMERIC JUICE

A member of the ginger family, turmeric is vibrant, versatile and endlessly healthful. Through a proprietary juicing process, we've retained valuable turmeric actives, yummy-earthly flavour and fabulous colour.

Not only are our shots the ultimate health boost, but they are also better for the environment.

- 99% turmeric juice
- Plastic free packaging
- Convenient - it's ready to use
- Use in place of fresh turmeric
- Made from wild, foraged Fijian turmeric

Product Code: 97171
Pk Size: 237ml
Ginger Party



ORGANIC PICKLED SUSHI GINGER

This is it! Pure pickled ginger for the most discerning sushi chefs. Left in its natural, ivory-coloured state the way Mother Nature intended.

Product Code: 97403
Pk Size: 12 x 190gm
Ginger Party



ORGANIC GINGER SPREAD

Now organic! This versatile spicy-sweet paste is made of sweet baby ginger and pure cane sugar (yes, that's all). A sublime swirl on toast, over baked chicken and roasted carrots or fruit. Also serve with gourmet cheese.

Product Code: 97404
Pk Size: 12 x 240gm
Ginger Party



ORGANIC MINCED GINGER

Add Organic Minced Ginger to marinades, salad dressings and sauces. Flavour up steamed rice. Create a ginger stir fry, season grilled scallops, Napa slaw or shrimp cocktail.

Product Code: 97401
Pk Size: 12 x 190gm
Ginger Party



#GingerEveryDay    

VerMints®

Our name comes from the Latin word "Ver". It means "true". VerMints are True Mints.

They are honest. They are clean. They are truly the very best.

VerMints are USDA Organic, Gluten-Free, non-GMO, Nut-Free, AND Kosher mints and pastilles. We ditched all the gross, health-harming, chemically-modified stuff that you usually find in mints and made super tasty (some even say super-powered) mints from nature and nature only.

Each of our six flavours is mouth-watering, breath-freshening, and taste bud-arousing. Pop one in your mouth guilt-free. It's good for you, nice to nature, and will probably help you land more kisses. Assuming, of course, that you're worthy of more kisses and that your moves aren't typically kiss-repellent.

We digress...Our mints are the best on the earth and for the earth.

Great for on the go!

Pk Size: 40g Tin
Vermints



PEPPERMINT

Product Code: V001

CINNAMON

Product Code: V006

GINGER MINTS

Product Code: V003

CAFÉ EXPRESS MINTS

Product Code: V005

ORGANIC CHAI MINTS

Product Code: V004

WINTERGREEN MINTS

Product Code: V002

TANNEN BLUT® Organic Herbal Candies

Soothing for
the respiratory tract

These special candies contain selected tasty herbal ingredients in the coating and in the filling. Tannen blut® organic herbal candies have a pleasant taste and are soothing for the respiratory tract. Allow the candies to slowly dissolve in the mouth.

Ingredients: Glucose syrup*, sugar*, forest honey* (8%), malt extract from barley* (contains gluten), herbal extracts* (1%), natural eucalyptus-, peppermint flavouring, natural menthol, natural spruce needle flavouring, natural anise flavouring, natural fennel flavouring, natural peppermint flavouring.

* from organic farming

Anton Hubner
Pk Size: 75g
AH029



NEW!

ECOFLEX® FOR YOUR CANINE COMPANION



CALMING

Supplement for Dogs

Your dogs natural routine can be upset by travelling, fireworks or a new home, so help them relax with a daily dose of Ecoflex Calming supplement.

Product Code: EF003

Pk Size: 200ml

Ecoflex



SKIN AND COAT

Supplement for Dogs

Your dogs coat and skin provides warmth and protection from the elements so keep it healthy with a daily dose of Ecoflex Skin & Coat supplement.

Product Code: EF004

Pk Size: 200ml

Ecoflex



PET CARE

CONFECTIONERY: VERMINTS & TANNEN BLUT

SYNAPTAID®

ADVANCED BRAIN SUPPORT

SYNAPTAID® is a doctor-formulated supplement for the support of cognitive, psychological and neurological function. Based on scientific research and clinical experience, SYNAPTAID® offers holistic support for brain health, and counters the processes known to cause cognitive decline.

SYNAPTAID® is formulated by Dr John Briffa, a medical doctor, educator and author whose interest in natural medicine extends for more than 30 years. Dr Briffa developed SYNAPTAID® in response to his experience with increasing numbers of patients exhibiting problems with memory, concentration and cognitive function.

SYNAPTAID® contains key botanicals and specific nutrients that are known to offer broad-ranging support for cognitive health, at the same time targeting the processes that are known to contribute to declining brain function during ageing.

PRODUCT CODE: NMO01 Pk Size: 60 capsules

NeurMed

Nutritional Information

Ingredients:	Per 2 capsules	% NRV*
Lions Mane fruiting body 10:1 extract - equivalent to 4,000 mg	400 mg	**
Lions Mane mycelium 10:1 extract - equivalent to 2,000 mg	200 mg	**
Cinnamon verum 30:1 extract equivalent to 6,000 mg	200 mg	**
Vitamin B6 in the form of pyridoxal-5-phosphate	20 mg	1,428 %
Vitashine vitamin D3 (vegan)	1,000 IU	176 %
Vitamin B12 in the form of methylcobalamin	500 mcg	20,000 %
Methylfolate	400 mcg	200 %
Iodine in the form of potassium iodide	150 mcg	100 %

*NRV = Nutritional Reference Value **No NRV established

POPULAR



A doctor-formulated supplement to assist cognitive function

DR BRIFFA HAS DEVELOPED SYNAPTAID® FOR:

THOSE SEEKING TO ENHANCE THEIR OVERALL BRAIN FUNCTION AND REDUCE THE RISK OF COGNITIVE ISSUES IN THE FUTURE.

INDIVIDUALS SEEKING TO SUPPORT A LOVED ONE AFFECTED BY THESE ISSUES.

ANYONE EXPERIENCING PROBLEMS WITH MEMORY, CONCENTRATION, 'BRAIN FOG' OR COGNITIVE IMPAIRMENT.



Just one of the secrets of Synaptaid®

The Lion's Mane mushroom is a large, white, shaggy mushroom that is renowned for its brain-boosting effects. In one double-blind placebo-controlled study in individuals diagnosed with 'cognitive impairment', supplementing with Lion's Mane steadily improved cognitive function over several weeks compared to placebo (see figure 1).⁴

OVER 50? Try this new doctor-formulated natural supplement which might just...

SAVE YOUR BRAIN!



Research estimates that 1 in 7 of us will succumb to dementia

It is predicted that 1-in-7 of us will develop Alzheimer's disease, with many more succumbing to problems such as memory loss, cognitive impairment and 'brain fog' in later life.

These issues are often thought to be down to the 'natural process of ageing' or just bad luck – things we can do nothing about. In reality, neuroscience has revealed that specific natural agents have the capacity to support brain function and counter the processes known to compromise brain function as we age. This offers considerable potential for those of us seeking to enhance our mental faculties now, as well as help preserve them in the future.

DOCTOR'S FORMULA

Dr John Briffa, a medical doctor, author and one of the UK's foremost natural health experts, comments: "We know a lot more about the causes of cognitive impairment and Alzheimer's disease, and what to do about them, than is widely recognised."



Dr Briffa has drawn on relevant research and his 30 years of clinical experience to develop SYNAPTAID®, a first-of-its-kind nutritional supplement to support cognitive function. SYNAPTAID's® key ingredients include: Lion's Mane Mushroom, Cinnamon, Folate, Vitamins B6, B12, Iodine

PRODUCT CODE: NMO01

Pk Size: 60 capsules £29.95

